

You are very welcome to join us on the last Tuesday morning of every month 10 – 12.....



Please come and join us on the  
**27<sup>th</sup> August 2024 @ Maldon United Reformed Church. Market Hill Maldon. CM9 4PZ**

Free refreshments, space to chat & find out about support in the local community for you and your family!

**Attending this month is:**

Action for Family Carers

Carers First

Community Agents

U3A

United in Kind

**Parking is limited so if you can please park elsewhere in town.**

**We look forward to meeting you!**

**From Sarah – Social Prescriber @ Longfield Medical Centre**