



*Action for
Family Ca*

James Clarke
Chief Executive Officer



Family Carers

“A Family Carer is someone who, without payment, provides help and support to a partner, child, relative, friend or neighbour who could not manage without their help.

This could be due to age, physical or mental illness, addiction or disability”





- One in ten people provide care for someone else



33% increase in those caring for 50+ hours every week



Carers save the economy £132 billion a year



Full-time carers twice as likely to have poor health

Changes to the law

- The Care Act put carers on an equal legal footing to the people they care for
- Children and Families Act - rights for young carers for the first time in law
- Underpinning principle - to promote wellbeing of carers: physical, mental and emotional wellbeing, participation in work, education and training, and social and economic wellbeing



What does the Care Act mean for carers?

- Prevention duty: Prevent - Reduce - Delay
- Information and advice specifically to meet the needs of carers
- Right to assessment on appearance of need
- Duty to meet needs identified - National Eligibility criteria
- Duty to meet carers needs for support via a personal budget
- Carers should be consulted on care and support plans
- Young carers aged 16 and 17 entitled to transition support



Action for Family Carers

Action for Family Carers makes a positive difference to the lives of all Carers by providing valued, high quality support services in times of need







SUPPORTING CARERS IN ESSEX

A single source of help and advice for all unpaid carers

0300 770 80 90





- Supporting Carers in Essex is an all-age countywide carer support service
- Access support via single phone number:
0300 770 80 90
- Referrals can also be made via the website www.carersinessex.org





Achievements in Year One

- Nearly 5,000 Carers actively accessed individualised support
- Over 30,000 individual interventions (actions) carried out
- Evidence of reducing demand on health and social care services

Example: If they hadn't received support from Supporting Carers in Essex, 39% of Carers said they would have gone to their GP; 26% would have gone to Social Care

- Evidence that Supporting Carers in Essex is achieving significant outcomes for Carers

Example: 84% of Carers reported that Supporting Carers in Essex has helped them to maintain or improve their health and wellbeing

Supporting Carers in South Woodham Ferrers

- Access to full range of Supporting Carers in Essex provision
- Currently actively supporting 66 carers in the SWF area
- Actively engagement with GP practices and pharmacies
- Awareness raising: e.g. Annual Town Meeting, stand at Asda in Carers Week, partnership working with Provide
- Allocated SWF area Carer Support and Development Worker seeking to develop a local carer support group
- Seeking to provide Day Care opportunities in SWF



Help us to Support Carers in South Woodham Ferrers

- Identify unpaid Carers in your community
- Tell them about the support that is available
- Give them the single phone number:
0300 770 80 90
- Work with us to build Carer Friendly Communities
- Volunteer to support the charity





180,000
reasons to care
Essex

